



TWIST TWIST TWIST

Choreographer : Jose Miguel Belloque Vane – Roy Verdonk & Sophie Dick

Level : Intermediaite

Description : 96 count, 1 wall

Music : Matt Houston & amp Dj Assad Ft Dylan Rinnez

Intro : 32 counts (20 sec.)

1-8 Touch, Out/Out, Ball/Cross, Kick (2X), Cross, Rock/Recover, Cross, Side, Cross Behind With Sweep

1&2Rf touch next to Lf, Rf step right (&) , Lf step left
&3Rf step next to Lf (&), Lf cross in front of Rf
&4Rf kick right, Rf kick right
5&6Rf cross in front of Lf, Lf rock to left (&), recover onto Rf
&7Lf cross in front of Rf (&), Rf step right
8Lf cross behind Rf sweeping Rf from front to back

9-16 Syncopated Weave , Mambo Cross, Step Back, 1/2 Turn L, Step Forward, 1/2 Turn L, Touch Together

1&2Rf cross behind Lf, Lf step left (&), Rf cross in front of Lf
3&4Lf step left, recover onto Rf (&), Lf cross in front of Rf
5-6Rf step back, 1/2 turn left stepping Lf forward (6.00)
7&8Rf step forward, make 1/2 turn left stepping Lf forward (&), Rf touch next to Lf (12.00)

17-24 Out/Out , Ball/Cross, Unwind 1/2 Turn L, Touch Together, Walks (2X), Rocking Chair

&1Rf step right (&) , Lf touch left
&2Lf step next to Rf, Rf cross in front of Lf
3unwind 1/2 turn left ending with weight on Lf (6.00)
4Rf touch next to Lf
5-6Rf step forward , Lf step forward
7&8Rf rock forward, recover onto Lf (&) , Rf rock back
&recover onto Lf

25-32 Step , 1/2 Turn L, Shuffle Forward R, Heel/Toe Swivel Diagonal With Stomp (2X)

1-2Rf step forward, make 1/2 turn left stepping forward Lf (12.00)
3&4Rf step forward, Lf step together (&), Rf step forward
5&6Lf step forward on left diagonal with toes turned in, Lf toes turn out (&) ,Rf stomp next to Lf
(weight remains on Lf
7&8Rf step forward in right diagonal with toes turned in, Rf toes turn out (&), Lf stomp next to Rf
(end with weight on Lf)

33-40 Charleston Steps

1-2Rf step forward, Lf touch forward

3-4Lf step back, Rf touch back

5-6Rf step forward, Lf touch forward

7-8Lf step back, Rf touch back

(optional: swivel heels on Charleston steps)

41-48 Toe/Heel/Toe Swivel With Flick (4X)

1&2Bf swivel toes right, Bf swivel heels right (&), Bf swivel toes right whilst flicking left heel up

3&4Bf swivel toes left, Bf swivel heels left (&), Bf swivel toes left whilst flicking right heel up

5&6Bf swivel toes right, Bf swivel heels right (&), Bf swivel toes right whilst flicking left heel up

7&8Bf swivel toes left, Bf swivel heels left (&), Bf swivel toes left whilst flicking right heel up

49-56 Charleston Steps

1-2Rf step forward, Lf touch forward

3-4Lf step back, Rf touch back

5-6Rf step forward, Lf touch forward

7-8Lf step back, Rf touch back

(optional: swivel heels on Charleston steps)

57-64 Toe/Heel/Toe Swivel With Flick (4X)

1&2Bf swivel toes right, Bf swivel heels right (&), Bf swivel toes right whilst flicking left heel up

3&4Bf swivel toes left, Bf swivel heels left (&), Bf swivel toes left whilst flicking right heel up

5&6Bf swivel toes right, Bf swivel heels right (&), Bf swivel toes right whilst flicking left heel up

7&8Bf swivel toes left, Bf swivel heels left (&), Bf swivel toes left whilst flicking right heel up

65-72 Syncopated Weave L With Heel Grinds, Cross, Back, Shuffle R

1&Rf cross heel in front of Lf, Lf step left (&)

2&Lf cross behind Rf, Lf step left (&)

3&Rf cross heel in front of Lf, Lf step left (&)

4&Lf cross behind Rf, Lf step left (&)

5-6Rf cross in front of Lf, Lf step back

7&8Rf step right, Lf step together (&), Rf step right

73-80 Syncopated Weave R With Heel Grinds, Cross, Back, Shuffle L

1&Lf cross heel in front of Rf, Rf step right (&)

2&Lf cross behind Rf, Rf step right (&)

3&Lf cross heel in front of Rf, Rf step right (&)

4&Lf cross behind Rf, Rf step right (&)

5-6Lf cross in front of Rf, Rf step back

7&8Lf step left, Rf step together (&), Lf step left

81-88 Walks Forward In Diagonal (2X), Rocking Chair, Step, 1/2 Turn L, Run R/L/R

1-2Rf walk forward to left diagonal (10.30), Lf walk forward

3&4&Rf rock forward, recover onto Lf (&), Rf rock back, recover onto Lf(&)

5-6Rf step forward, make 1/2 turn left stepping Lf forward (4.30)

7&8Rf small step forward, Lf small step forward (&), Rf small step forward

89-96 Walks Forward In Diagonal (2X), Rocking Chair, Step, 1/2 Turn R, 1/8 Turn R, Slide L With Hold

1-2Lf walk forward to left diagonal (4.30), Rf walk forward

3&4&Lf rock forward, recover onto Rf, (&), Lf rock back, recover onto Rf(&)

5-6Lf step forward, make 1/2 turn right stepping Rf forward (10.30)

7-8make 1/8 turn right sliding Lf to left, Rf slide together